



Georgia Maggouritsa

| Items | Number |
|--|--------|
| Book Chapters | 1 |
| Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases (e.g. SPORTDISCUS) | 10 |
| Articles in Journals not Indexed in Bibliographical Databases | 1 |
| Refereed International Conference Presentations | 8 |
| Invited Presentations | 7 |

1 EDUCATION

1. Bachelor degree, Department of Physical Education and Sport Science (DPESS), Kapodistrian University of Athens (1993).
2. Master in Education (M.Ed), Interdepartmental Postgraduate Program of the Universities of Democritus and Thessaly in the direction "Exercise and Quality of Life" (2006).
3. Doctor of Philosophy (Ph.D) in Sports Psychology and Exercise of People with Mental Illness, Department of Physical Education and Sports Science, University of Thessaly, with title of doctoral dissertation "The effect of a combined exercise program and exchangeable pay system on improving parameters of quality of life, mood, body image and self-esteem of people with schizophrenia" (2014).

2 EMPLOYMENT HISTORY

- Teaching Staff in "Special Physical Education", Department of Physical Education and SportScience (DPESS), University of Thessaly (since 2019).
- PE teacher of primary school education (since 2006 -2019).
- PE teacher of secondary school education in the course of Olympic Education (2000 - 2006).
- PE teacher, in "exercise for all", people with disabilities, Municipality programs (1993 - 1998).

3 ACADEMIC&SCIENTIFIC EXPERIENCE

3.1 Undergraduate Teaching

1. DPESS, University of Thessaly, courses: "Special physical education (main specialty)", "exercise for people with disabilities", "recreation for people with disabilities" (since 1998 - 2002).

4 PUBLICATIONS

4.1. Book Chapters

1. Kokaridas, D., **Maggouritsa, G.**, & Theodorakis, Y. (2014). Exercise for all in special populations (chapter 2). In the book *Implementation Guide of Exercise Programs for All* (Koustelios A, Ed.). ESPA, Hellenic Ministry of Health, pp. 59 - 99.

4.2. Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases (e.g. SPORTDISCUS)

1. **Maggouritsa, G.**, Kokaridas, D. & Bonotis, K. (2021). Token economy approach and physical activity: A short report for patients with schizophrenia. *European Journal of Physical Education and Sport Science*, 6(11), 29-38.
2. Gabršček, L., Kokaridas, D., **Maggouritsa, G.**, Loules, G., Stoforos, P., Theodorakis, Y. & Krommidas, Ch. (2019). The effect of a goal setting exercise program on improving upper body strength, lower extremity strength, balance and commitment to exercise of patients with schizophrenia. *European Journal of Physical Education and Sport Science*, 5(12), 215 - 227.
3. Markaki, M., Chyta, N., **Maggouritsa, G.** & Kokaridas, D. (2017). Intervention approaches in physical education in ordinary school to enhance social interaction in a student with autistic spectrum disorder: a case study." *European Journal of Education Studies*, 3(2), 1-17.
4. **Maggouritsa, G.**, Kokaridas D., Theodorakis, I., Patsiaouras, A., Mouzas, O., Dimitrakopoulos, S., & Diggelidis, N. (2014). The effect of a physical activity programme on improving mood profile of patients with schizophrenia. *International Journal of Sport and Exercise Psychology*, 12(3), 273 – 284.
5. **Maggouritsa, G.**, Kokaridas, D., Stoforos, P., Patsiaouras, A., Diggelidis, N., & Theodorakis, Y. (2014). The Effect of a Physical Activity Program on Improving Body Cathexis and Self-Esteem of Patients with Schizophrenia. *Inquiries in Sport and Physical Education*, 12(1), 40 – 51.
6. Kokaridas, D., Paslamouska, M., Patsiaouras, A., Natsis, P., Karagiannidis, I., **Maggouritsa, G.**, & Efthimiou, P. (2014). Dynamic evaluation approach in adapted physical education: Assessing procedure and Individualized Education Program for inclusion purposes. *Electronic Journal for Inclusive Education*, 2 (3), Art.7 (Summer/Fall).
7. Kokaridas, D., **Maggouritsa, G.**, Stoforos, P., Patsiaouras, A., Theodorakis, Y. & Diggelidis, N. (2013). The Effect of a Token Economy System Program and Physical Activity on Improving Quality of Life of Patients with Schizophrenia: A Pilot Study. *American Journal of Applied Psychology*, 2 (6), 80-88.
8. Broupi, A., Kokaridas, D., Giagazoglou, P., Patsiaouras, A., **Maggouritsa, G.**, & Angelopoulou - Sakadami, N. (2011). Evaluation of Physical Education Teachers' attitudes toward inclusion of students with disabilities: a pilot study. *Hellenic Journal of Physical Education and Sport Sciences*, 31(2), 196-216.
9. **Maggouritsa, G.**, Kokaridas, D., & Theodorakis, Y. (2005). Attitudes of secondary school students toward the inclusion of peers with borderline intelligence prior and after the application of a recreation program. *Inquiries in Sport and Physical Education*, 3 (3), 212-224.
10. **Maggouritsa, G.**, Kokaridas, D., Hasandra, M., Perkos, S., Tsapatos, S., & Davos, A. (2004). Sport Orientation of Wheelchair basketball athletes. *Inquiries in Sport and Physical Education*, 2 (1),

4.3. Articles in Journals not Indexed in Bibliographical Databases

1. **Maggouritsa, G.**, Kokaridas, D., Patsiaouras, A., Saroglakis, G., & Chatzis, G. (2013). Goal setting of coach & wheelchair basketball athletes and psychological techniques usefulness: a case study analysis. *PEPFA Scientific Journal*.
http://pepfa.gr/index.php?option=com_content&view=article&id=160:georgia-magouritsa-dimitrios-kokaridas-asterios-patsiaouras-george-saroglakis-george-hatzis-&catid=56:teyxos-2013&Itemid=54.

5. REFEREED INTERNATIONAL CONFERENCE PRESENTATIONS

1. **Maggouritsa, G.**, Kokaridas, D., Bonotis, K. (2014). The effect of a physical activity and token economy system program on improving quality of life, mood profile, self-image and self-esteem of patients with schizophrenia. Poster accepted on 4th of April 2014, for the upcoming XVI World Congress of Psychiatry, 14-18 September 2014, Spain-Madrid.
2. Chyta N., Psychou D., Kokaridas D., **Maggouritsa G.** & Krommydas Ch. (2017). Exercise program, Greek traditional music and mood profile of patients with dementia: A pilot study. Oral scientific paper, *20th International Conference on Physical Education and Sport*, Thessaloniki, 31 March-2 April 2017.
3. Kourtaki, A., Mountricha, D., Broupi, A., Papapetrou, M., Tsolaki, C., **Maggouritsa, G.** & Kokaridas, D. (2009). Views of parents of children with and without disabilities on the inclusion of students with disabilities in typical classes. *17th International Congress of Physical Education & Sports*. Komotini, May 22-24.
4. Palaschas, P., Galanis, E., Kokaridas, D., **Maggouritsa, G.** & Patsiaouras, A. (2008). The examination of the attitude of swimming coaches as to the prospect of teaching practitioners with cerebral palsy. *11th Panhellenic Congress of Physical Education and Sports with International Participation*, Thessaloniki, April 11-13.
5. **Maggouritsa, G.**, Hasandra, M. & Theodoraki, Y. (2003). Responsibility and Fair Play at School. *11th International Congress of Physical Education & Sports*. Komotini, May 16-18.
6. **Maggouritsa, G.**, Hasandra, M. & Theodoraki, Y. (2003). Inner Motivation and Honest Play in Physical Education. *11th International Congress of Physical Education & Sports*. Komotini, May 16-18.
7. **Maggouritsa, G.**, Kokaridas, D., Tsapatos, St. & Davos, Ann. (2003). The Athletic Orientation of Greek Basketball Athletes in a Stroller. *11th International Congress of Physical Education & Sports*. Komotini, May 16-18.
8. **Maggouritsa, G.**, Kokaridas, D., Davos, Ann. & Tsapatos, St. (2003). The Athletic Identity of Greek Basketball Athletes in a Stroller. *11th International Congress of Physical Education & Sports*. Komotini, May 16-18.

6. INVITED PRESENTATIONS

1. Maggouritsa, G. (2019). Innovative practices and models in physical education for the equal inclusion and education of children with disabilities. Workshop of the Primary Education: Modern approaches to Special Education, City Hall of Trikala, 9/05.
2. Maggouritsa, G. (2016). "Psychomotor and music-kinetic education for people with special educational needs: an experiential approach". Training workshop for Primary and Secondary

special physical education teachers. Larissa, 22/01.

3. Maggouritsa, G. (2012). Exercise programs for people with schizophrenia. 5th Panhellenic Congress of Therapeutic Gymnastics and 4th Special Physical Education Workshop. Thessaloniki, 30/11 - 2/12.
4. Maggouritsa, G. (2012). "The range of teaching methods in Physical Education. From theory to practice." Training Workshop for Primary and Secondary physical education teachers. Karditsa, 6/09.
5. Maggouritsa, G. (2010). Adapted Physical Education information base. 2nd Workshop of the Hellenic Society of Therapeutic Gymnastics and Special Physical Education: Special Physical Education in Education. Thessaloniki.
6. Maggouritsa, G. (2009). Exercise in people with mental illness. 1st Workshop of the Hellenic Society of Therapeutic Gymnastics and Special Physical Education: Special Physical Education in Education. Thessaloniki, 4 April.
7. Maggouritsa, G. (2005). Views of high school students on the integration of peers with borderline mental retardation before and after the implementation of an interventional leisure program. 2nd Panhellenic Congress of Therapeutic Gymnastics – 7th Symposium of Special Physical Education. Thessaloniki, October 7-9.

7. MISCELLANEOUS

- Member of the Association of Physical Education Teachers of Northern Greece.
- Member of the Panhellenic Association of Graduates of Physical Education.
- Member of the Hellenic Association of Therapeutic Exercise and Special Physical Education.
- Supervisor of the adapted physical education information base created in Greece (www.pe.uth.gr/efa).