

**DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE –
City: TRIKALA**

Courses offered to Incoming Erasmus Students for academic year 2024/2025

Offered courses (by tutoring): <http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide> **Offered courses in English language (by lectures):**
<http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide>

| WINTER SEMESTER | | | | | | |
|-----------------|---------|-------------------------------------|------|----------|---|--|
| A/A | CODE | COURSE | ECTS | Semester | PROFESSOR: | Email: |
| 1 | INT-101 | Physical Conditioning in Basketball | 6 | WINTER | Gerodimos V., Ioakimidis P. | bgerom@uth.gr |
| 2 | INT-102 | Teaching in Physical Education | 6 | WINTER | Kolovelonis A., Chatzipanteli, A. | akolov@uth.gr |
| 3 | INT-103 | Exercise Physiology | 6 | WINTER | C. Karatzaferi | ck@uth.gr |
| 4 | INT-104 | Adapted Physical Education | 6 | WINTER | Kokaridas D., Magouritsa G. | dkokar@uth.gr |
| 5 | INT-105 | Exercise for older adults | 6 | WINTER | Zisi V. | vzisi@uth.gr |
| 6 | INT-106 | Sport Psychology | 6 | WINTER | Comoutos N., Hatzigeorgiadis A. | nzourba@uth.gr |
| 7 | INT-107 | Health Education | 6 | WINTER | Hassandra M. | mzasad@pe.uth.gr |
| 8 | INT-108 | Writing Research | 6 | WINTER | Zisi V. | vzisi@uth.gr |
| 9 | INT-109 | Motor Learning | 6 | WINTER | Pollatou, E. | epolatou@uth.gr |
| 10 | INT-110 | Sociology of Education | 6 | WINTER | Bekiari A. | sandrab@uth.gr |
| 11 | INT-111 | Sports Physiotherapy | 6 | WINTER | Tsaklis, P. | tsaklis@uth.gr |
| 12 | INT-311 | Motor Creativity | 4 | WINTER | Pollatou, E. | epolatou@uth.gr |
| 13 | INT-307 | Yoga-Pilates Dance | 4 | WINTER | Zafiroudi, A. | azafeiroudi@uth.gr |
| SPRING SEMESTER | | | | | | |
| | CODE | COURSE | ECTS | Semester | PROFESSOR: | Email: |
| 14 | INT-203 | Biomechanics | 6 | SPRING | Giakas Y., Tsiokanos A., Tsaklis P. | ggiakas@uth.gr |

| | | | | | | |
|----|---------|---|---|--------|-----------------------------|--|
| 15 | INT-204 | Sport Pedagogy | 6 | SPRING | Bekiari A. | sandrab@uth.gr |
| 16 | INT-205 | Clinical Nutrition | 6 | SPRING | Jamurtas A. | ajamurt@uth.gr |
| 17 | INT-206 | Exercise and Chronic Diseases | 6 | SPRING | Flouris, A. | aflouris@uth.gr |
| 18 | INT-207 | Ergonomics | 6 | SPRING | Tsaklis, P. | tsaklis@uth.gr |
| 19 | INT-208 | Information Technology Applications in Sport and Physical Education | 6 | SPRING | Papastergiou M. | mpapas@uth.gr |
| 20 | INT-209 | Ergogenics | 6 | SPRING | Karatzafeni C., Sakkas G.K. | ck@uth.gr |
| 21 | INT-210 | Applied Sport Physiology | 6 | SPRING | Voutselas V. | vvouts@pe.uth.gr |
| 22 | INT-312 | Aerobic Dance | 4 | SPRING | Pollatou, E. | epolatou@uth.gr |
| 23 | INT-313 | Preschool physical education | 4 | SPRING | Chatzipanteli, A. | athxatzipan@uth.gr |

BOTH SEMESTERS

| | CODE | COURSE | ECTS | Semester | PROFESSOR: | Email: |
|----|---------|-------------------------------|------|----------|----------------------------------|--|
| 24 | INT-301 | Traditional Greek Folk Dances | 4 | Both | Dimas Y. | jdimas@pe.uth.gr |
| 25 | INT-302 | Football | 4 | Both | Batsilas, D. | batsilas@pe.uth.gr |
| 26 | INT-303 | Track and Field | 4 | Both | Voutselas V. | vvouts@pe.uth.gr |
| 27 | INT-304 | Volleyball | 4 | Both | Patsiaouras A. | spats@pe.uth.gr |
| 28 | INT-305 | Basketball | 4 | Both | Tsimeas P. | ptsimeas@pe.uth.gr |
| 29 | INT-306 | Artistic Gymnastics | 4 | Both | Mellos V. | billmellos@pe.uth.gr |
| 30 | INT-309 | Tennis | 4 | Both | Comoutos N., Papadimitriou D. | nzourba@uth.gr |
| 31 | INT-310 | Swimming | 4 | Both | Hatzigeorgiadis, A., Galanis, E. | ahatzi@uth.gr egalanis@uth.gr |
| 32 | INT-400 | Greek Language | 3 | Both | Kalbeni, S. | kalbenisotiria@yahoo.gr |

COURSES ONLY FOR POSTGRADUATE STUDENTS (2st cycle/EQF7):

| WINTER SEMESTER | | | | | |
|-----------------|--|------|-----------------|------------------|--|
| CODE | COURSE | ECTS | Semester | Tutoring/English | PROFESSOR: Email: |
| M1 | Psychological Foundations of Sport and Physical Activity | 7 | 1 st | English | Hatzigeorgiadis A. ahatzi@uth.gr |
| M2 | Psychological Skills in Physical Activity and Sports | 7 | 1 st | English | Comoutos N., nzourba@uth.gr |
| M3 | Psychology in Physical Education and Youth Sports | 7 | 1 st | English | Papaioannou A. sakispap@uth.gr |
| M4 | Research Methods and Statistics | 7 | 1 st | English | Hatzigeorgiadis A., Comoutos N. ahatzi@uth.gr |
| M8 | Quantitative and Qualitative Data Analysis | 7 | 3 rd | English | Goudaç M., Comoutos N. mqoudas@uth.gr |
| M15 | Clinical Exercise Psychology | 7 | 3 rd | English | Morres I. imorrsap@gmail.com |
| EU | European Dimension of Sport and Exercise Psychology | 7 | 3 rd | English | Invited |
| SPRING SEMESTER | | | | | |
| CODE | COURSE | ECTS | Semester | Tutoring/English | PROFESSOR: Email: |
| EU | European Dimension of Sport and Exercise Psychology | 7 | 2 nd | English | Invited |
| M6 | ICT in Physical Education and Sport: e-Learning Platforms and Multimedia Development | 7 | 2 nd | English | Papaioannou A., Bouglas V. bbouglas@uth.gr |
| M5 | Exercise Psychology and Health Education | 7 | 2 nd | English | Hassandra M. mxasad@pe.uth.gr |
| M10 | Nutritional Behaviour and Education | 7 | 2 nd | English | Androutsos O. oandroutsos@uth.gr |
| M7 | Counseling Principles and Skills | 7 | 2 nd | English | Patsiaouras A. spats@pe.uth.gr |