

## About

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The Department of Physical Education and Sport Science was established in 1984 and the first students were admitted in the Academic year 1994-1995. The Department is located in Trikala. Initially housed in the Matsopoulos Park facilities, it has moved to the new Karyes campus on July 1999.

Four - year studies in the Department lead to a Degree in Physical Education and Sport Science qualifying its graduates to teach in all levels of Education. The focus of the studies is primarily on outdoor activities and sports which are greatly favoured by the surroundings of Trikala, such as: skiing, in the Skiing Center of Pertouli, mountaineering on Mount Pindos, climbing in the Meteora Rocks, rafting in River Aspropotamos, and rowing in Lake Plastira.



