

Dr Nikolaos DIGELIDIS



Position

Associate Professor

Subject

Teaching Physical Education

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[Full Curriculum Vitae](#) 

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Research Expertise

Learning environments in PE, enhancing motivational climate in PE settings, conducting short-term or long-term research

Brief Portrait

Staff member of the Department of PE & Sport Science in University of Thessaly, Greece since 2002 (nowadays)

Selected Publications

- 1 Digelidis, N., Karageorghis, C.I., Papapavlou, A.J., & Papaioannou, A.G., (2014). Effects of physical education on the psychological well-being of young adults: a meta-analysis
- 2 Tsiakara A., & Digelidis N. (2014). Assessing preschool children's competitive behavior: an observational study
- 3 Sympas Y., Digelidis N. (2014). Physical education student teachers' experiences with and perceptions of physical education
- 4 Tessier D., Smith N., Tzioumakis Y., Sarrazin P., Quested E., Sarazzin P., Papaioannou A., Duda J.L. (2014). The influence of physical education on the development of physical activity habits in young adults: a meta-analysis
- 5 Kalaja, S., Jaakkola, T., Liukkonen, J., & Digelidis, N. (2011). Development of junior high school students' physical activity habits: a longitudinal study