


- [Hellenic Ministry of Health \(NSRF 2007-2013\): Exercise as an intervention strategy for promotion of health and for prevention and rehabilitation of chronic diseases](#) (information available in Greek)

- [The PAPA project - Promoting Adolescent Physical Activity](#)
- [Xsmoke](#) (information available in Greek)
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[Programme Kallipatira](#) (information available in Greek)

- [Healthykids](#) (information available in Greek)
- [Creation of e-learning infrastructures for physical education and ICT topics \(2009-2010\)](#)  (information available in Greek)

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- [Thalis II- Mechanisms of Muscle Function](#)
- [THALIS Project - ESCAPEE - Exercise, Smoking & Alcohol: Investigation of mechanisms & interventions for prevention, cessation & awareness](#)
  - Collaborative research grant funded by World Anti-Doping Agency - WADA (2015-2018). From research to application: An evidence-based psychosocial intervention for doping prevention in young athletes.

- Collaborative research grant funded by World Anti-Doping Agency - WADA (2013-2015). A cross-cultural approach to a cross-cultural issue: Psychosocial factors and doping in young athletes.

- [Developing an Innovative European Sport Tutorship Model for the Dual Career of Athletes: Project number: 557204 – ERASMUS+: Sport 2014 \(2015-2017\)](#)

- [Dual Athletes Career \(2014-2015\)](#) (information available in Greek)
- [Employability of Graduates of Sport \(EGS\) \(2014-2015\)](#)
- EQUAL: Entrepreneurship in Sport (2002-2014)
- Integrated inter-sector framework to increase the thermal resilience of European workers in the context of global warming (2015-2020)
- [Ph.D Scholarship Programme "Heraclitus II"](#) - Investigation of the functional architecture of the human thermoregulatory system through biochemical indices (2011-2015)

- Postdoctoral Researcher support (Rheumatoid.Arthritis - Reducing oxidative stress in chronic inflammation: Design and testing of mechanisms based interventions (2011-2015)

- [Sport For All - Scientific Support, Hellenic Ministry of Health, NSRF 2007-2013 \(2012-2014\)](#) (information available in Greek)

- [Supporting Policy and Action for Active Environments \(SPACE\) \(2015-2018\)](#)
- International Master In Sport Tourism Engineering (IMISTE) Project number: 503754-LLP-1-2009-1-FR-ERASMUS - Erasmus Curriculum Development - Continuing Education (2009-2013)

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