

[PhD](#)

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Doctors

	NAME	AWARD DATE	SUPERVISOR	TOPIC
1.	KOUTHOURIS CHARIS	12/2008	BAGIATIS KONSTANTINOS	PERCEPTION OF SERVICE QUALITY IN
2.	KONSTANTINAKOS STELIS	7/2007	AVGERINOS THEODOROS	CLASSIFICATION AND PHYSICAL
3.	NATSI PETROS	1/4/2003	THEODORAKIS YONNIS	LONGITUDINAL STUDY OF GREEK STUDENTS
4.	PERKOS STEFANOS	10/2003	THEODORAKIS YONNIS	DIFFERENT KINDS OF SELF-TALK FOR LEARNERS
5.	AVGERINOU VASSILIKI	11/2003	KRIEMADIS ATHANASIOS	FINANCIAL AND STOCK EXCHANGE
6.	PAPANTONIOU GEORGIOS	6/2003	AVGERINOS THEODOROS	PERCEPTION OF ETHIC ON THE ANCIEN
7.	SGARAS KONSTANTINOS	12/2003	AVGERINOS THEODOROS	
8.	PAPAHARISSIS VASSILIOS	2/2003	BAGIATIS KONSTANTINOS	IMPLEMENTATION OF A LIFE SKILLS DEV
9.	HASSANDRA MARIA	13/1/2004	BAGIATIS KONSTANTINOS	PROGRAMS OF SOCIOMORAL DEVELOPM
10.	PASCHALIS VASSILIOS	25/2/2004	KOUTENTAKIS YIANNIS	EFFECT OF ECCENTRIC EXERCISE ON
11.	GRAMMATIKOPoulos	25/2/2004	SKOUSTELIOS ATHANASIOS	ANALYSIS OF INNOVATIVE PHYSICAL
12.	MOUZAKIDIS CHARIS	16/6/2005	THEODORAKIS YONNIS	EXERCISE AS A FACTOR OF CHANGE IN
13.	TSIGGILIS NIKOLAOS	1/7/2005	KOUSTELIOS ATHANASIOS	CHARACTERISTICS MODEL AND

14.

TSIMEAS PANAGIOTIS 28/2/2006 TSIOKANOS ATHANASIOS PHYSIOLOGICAL AND FUNCTIONAL CHARACTERISTICS OF ELITE SWIMMERS

15. GIAGKOUDAKIS PANOS 23/2/2008 BAGIATIS KONSTANTINOS EFFECTS OF TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

16. KOUTSIORAS IOANNIS 16/12/2008 TSIOKANOS ATHANASIOS PHYSIOLOGICAL AND TECHNICAL ASPECTS OF LOWER LIMBS AND TECHNICAL ASPECTS OF LOWER LIMBS AND TECHNICAL ASPECTS OF LOWER LIMBS

17. LAPPA VARDOLAKIS KONSTANTINOS THEODORAKIS YIANNIS EFFECTS OF TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

18. THEODOROU ANASTASIOS JAMURTAS ATHANASIOS EFFECT OF ECCENTRIC TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

19. GKOLTSIOS KONSTANTINOS SOULAS DIMITRIOS INVESTIGATION IN THE NEED OF SWIMMING TRAINING FOR ELITE SWIMMERS

20. MAGGOURITSA GEORGIA DIGELIDIS NIKOLAOS EFFECT OF A PHYSICAL ACTIVITY AND TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

21. KARATRANTOU KONSTANTINA AERODIMOS VASSILEIOS EFFECT OF A COMBINED AEROBIC AND ANAEROBIC TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

22. GKOLIA AIKATERE 20/11/2014 KOUSTELIOS ATHANASIOS TRANSFORMATIONAL LEADERSHIP AND SWIMMING PERFORMANCE

23. VARAMENTI EMV 20/11/2014 KOUTEDAKIS YIANNIS EFFECTS OF TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

VARIATIONS OF OXIDATIVE STRESS, INFLAMMATION AND ANGIOGENESIS MARKERS DURING SWIMMING TRAINING

24. SAVVA CHRISTOS 29/11/2014 GIAKAS GIANNIS EFFECTS OF TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

25. KONTOGIANNIS MANUELA KOUTHOURIS CHARALAMPOS EFFECT OF GREEN MARKETING TO SWIMMING PERFORMANCE

26. BILIOS PETROS 31/3/2015 SOULAS DIMITRIOS THE EFFECT OF DIFFERENT WHOLE BODY TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

27. TSIKARA AGGELI 31/3/2015 DIGELIDIS NIKOLAOS THE PHENOMENON OF COMPETITION IN SWIMMING

28. [BOUGIESI MARIA](#) 08/07/2015 ZISI VASSILIKI MENTAL HEALTH AND EMOTIONAL INTELLIGENCE IN SWIMMING

29. [KROMMIDAS CHARALAMPOS](#) 08/07/2015 PAPAIOANNOU ATHANASIOS EFFECTS OF TRAINING ON THE PHYSIOLOGICAL AND PSYCHOLOGICAL RESPONSES OF ELITE SWIMMERS

30. [GOROZIDIS GEORGIOS](#) 08/07/2015 PAPAIOANNOU ATHANASIOS TRAINING AND COACHES MOTIVATION IN SWIMMING

31. [ZALAVRAS ATHANASIOS](#) 08/07/2015 JAMURTAS ATHANASIOS ASPECTS OF AEROBIC EXERCISE IN SWIMMING

32. [BELIAS DIMITRIOS](#) 08/07/2015 KOUSTELIOS ATHANASIOS LEADERSHIP STYLE, ORGANIZATION AND SWIMMING PERFORMANCE

33.

YPOFANTI MARIA

08/07/2015 ZISI VASSILIKI COGNITIVE-BEHAVIORAL THERAPY FOR SMOKING CESSATION:
34.

SYRMPAS IOANNIS

25/11/2015 DIGELIDIS NIKOLAOS EXAMINATION OF PE STUDENT TEACHERS' AND PE TEACHERS'
35.

KERAMIDAS PANAGIOTIS

25/11/2015 THEODORAKIS YANNIS RELATIONSHIP OF MOTIVATIONAL CLIMATE AND SOCIAL BE
36.

GEORGAKOULI KALLIOPI

25/11/2015 JAMURTAS ATHANASIOS EFFECTS OF EXERCISE ON ALCOHOL USE
37.

VARVERI DANAE

29/03/2016 SAKKAS GEORGIOS DEVELOPMENT OF AQUATICITY THROUGH WATER GAME A
38.

DIAKAKI ELENI

29/03/2016 GOUDAS MARIOS CREEK CYCLISTS ON THE MOVE NARRATING THE MIGRATION E
39.

TZATZAKI THEODORA

29/03/2016 HATZIGEORGIA EKATERINI EFFECTS AND SELF-REGULATION STRATEGIES FOR SMOKING
40.

TSIAMI ANASTASIA

29/03/2016 THEODORAKIS YANNIS EXERCISE, SMOKING AND DEPRESSION SYMPTOMS
41.

VALENTE ANGELICA

29/03/2016 JAMURTAS ATHANASIOS EXAMINATION OF THE FUNCTIONAL ARCHITECTURE OF HUM
42.

DELI K. CHARIKLIA

21/07/2016 JAMURTAS ATHANASIOS EFFECT OF ECCENTRIC EXERCISE AND IRON SUPPLEMENTATION ON IRON METABOLISM IN ELDERLY PEOPLE
43.

[GRIGORIOU STEFANIA](#)

21/07/2016 KARATZAFERI CHRISTINA EFFECT OF EXERCISE ON THE METABOLISM OF FATIGUE IN CHRONIC DISEASES
44.

GRATSANI STAMATIA

22/11/2016 THEODORAKIS YIANNIS COUNSELING ELDERLY PEOPLE FOR SMOKING CESSATION
45.

PSOUNI STAVROULA

22/11/2016 THEODORAKIS YIANNIS CHANGE OF ATTITUDE AND BEHAVIOR WHICH ARE RELATED WITH THE PERCEPTION OF HEALTH

Ph.D. Candidates

NAME	ENROLLMENT DATE	SUPERVISOR	TOPIC
TOFAS TRIFON	15-01-2008	JAMURTAS ATHANASIOS	TRAINING AND DETRAINING EFFECTS OF AEROBIC EXERCISE
RAFAILAKIS ELEFTHERIOS	18-02-2008	JAMURTAS ATHANASIOS	STRUCTURAL DIFFERENCES OF THE HEART
BOUBAKI SOFIA	18-3-2009	HATZIGEORGIOU ANTONIOS	MORAL ENGAGEMENT AND MORAL BEHAVIOR
SPYROPOULOS GIANNIS	1-4-2009	GIAKAS GIANNIS	BIOMECHANICAL ANALYSIS IN ACTIVE LIFESTYLE
RODITI ELMINA	1-4-2009	KARATZAFERI CHRISTINA	PHYSIOLOGICAL AND BIOMECHANICAL PARAMETERS
SKLAVOU DIMITRA	21-10-2009	KOUTEDAKIS YIANNIS	CHILDHOOD OBESITY AND ACTIVE LIFESTYLE
VLACHAVAS APOSTOLOS	27-02-2009	TSIOKANOS ATHANASIOS	PERCEPTION OF FATIGUE BASED ON DAILY ACTIVITY
TZIOUMAKIS YANNIS	3-2-2010	DIGELIDIS NIKOLAOS	OBSERVING AND ANALYZING COACHES
KONSTANTINOY MARIOS	19-10-2011	THEODORAKIS YIANNIS	
MISAILIDI MARIA	19-10-2011	KOUTEDAKIS YIANNIS	

[POULIOS THANASIS](#) 19-10-2011 | [JAMURTAS ATHANASIOS](#) | BIOCHEMISTRY AND PHYSIOLOGY OF FOOTBALL

[CHALITSIOS CHRISTOS](#) 19-10-2011 | [TSIOKANOS ATHANASIOS](#) | BIOMECHANICAL ANALYSIS OF LOCOMOTION

[LEONTARI DESPINA](#) 19-10-2011 | [ZISI VASSILIKI](#) | INDIVIDUAL AND GROUP COUNSELING FOR SPORTS

[GALANIS EVANGELOS](#) 19-10-2011 | [HATZIGEORGADIS ANTONIS](#) | BIOMECHANISMS

[MORELA ELEFThERIA](#) 19-10-2011 | [HATZIGEORGADIS ANTONIS](#)

SPORT AND MIGRANTS' ACCULTURATION

[PAPAGEORGAKI ZOI](#) 19-10-2011 | [THEODORAKIS THEANIS](#) | TRAINING EXPERIENCE OF PE LESSONS

[SIDERIS VASILEIOS](#) 21-3-2012 | [GIAKAS GIANNIS](#) | BIOMECHANICAL ANALYSIS IN INTERIOR CLIMATES

[KARAGEORGOU ANASTASIA](#) 19-10-2011 | [THEODORAKIS THEANIS](#) | PSYCHOLOGY OF EXERCISE FOR PEOPLE WITH DISABILITIES

[POULIANITI KONSTANTINA](#) 11-7-2012 | [KARATZAFERI CHRISTIANNA](#) | MECHANISMS OF MUSCLE FUNCTION

[MITROU GEORGIA](#) 11-7-2012 | [KARATZAFERI CHRISTIANNA](#) | MECHANISMS OF MUSCLE FUNCTION: THE EFFECTS OF AGE

[KOUTIVA MARIA](#) 17-10-2012 | [KOUSTELIOS ANTONIOS](#) | ETHNIC DIFFERENCES, WORKPLACE WELL-BEING AND PRODUCTIVITY

[FLABOURAS-NIETOS KONSTANTINOS](#) 09-7-2013 | [KOUSTELIOS ANTONIOS](#) | EDUCATORS' EMOTIONAL INTELLIGENCE, SELF-LEADERSHIP AND EFFECTIVE TEACHING

[EFSTATHIOU MICHALIS](#) 27-2-2013 | [GIAKAS GIANNIS](#) | EFFECTIVENESS OF AN ORAL DIETARY SUPPLEMENT

[KORAKAKIS VASILEIOS](#) 27-2-2013 | [GIAKAS GIANNIS](#) | SPINAL POSITION SENSE DURING SITTING

[MORRES IOANNIS](#) 27-2-2013 | [HATZIGEORGADIS ANTONIOS](#) | PHYSICAL ACTIVITY IN DEPRESSED PATIENTS

[ZORZOS MARKOS](#) 27-2-2013 | [TSIOKANOS ATHANASIOS](#)

MOTOR INTERVENTION IN ELDERLY WITH MILD COGNITIVE DISORDER AND DEMENTIA

[GIKOUDI MARIA](#) 23-10-2013 | [ZISI VASSILIKI](#) | THE CONTRIBUTION OF THE PRACTICES OF GREEK FOLK DANCE AS A MEAN OF ENHANCING MOTOR FUNCTION

[GIANNI EKATERINI](#) 23-10-2013 | [ZISI VASSILIKI](#) | GREEK FOLK DANCE AS A MEAN OF ENHANCING MOTOR FUNCTION

[KOUTELIDAS ACHILLEIOS](#) 23-10-2013 | [DIGELIDIS NIKOLAOS](#) | TEACHING PERSONAL AND SOCIAL RESPONSIBILITY

[CHASIALIS ATHANASIOS](#) 18-12-2014 | [GERODIMOS VASSILEIOS](#) | EFFECT OF A TAEKWONDO TRAINING PROGRAM ON THE MOTOR FUNCTION OF ELDERLY

KOLOVELONIS ATHANASIOS	18-2-2014	GOUDAS MARIOS	EXPLORING FACTORS ASSOCIATED WITH
GRIVAS GERASIMOS	08-2-2014	GERODIMOS VASSILEIOS	EFFECT OF DIFFERENT CONCURRENT
THEOFILIDIS GEORGIOS	16-02-2014	KARATZAFERI ANASTASIA	ACUTE AND CHRONIC EFFECTS OF HIGH INTENSITY
SAKORAFAS VASILIOS	18-02-2014	PAPASTERGIOULAS	DESIGN, DEVELOPMENT AND EVALUATION OF
CHANDOLIAS KONSTANTINOS	18-2-2014	TSIOKANOS ATHANASIOS	EXAMINATION OF NEURODEVELOPMENTAL
TSEKOURA MARIA	18-10-2014	SAKKAS GEORGIOS	THE EFFECT OF REHABILITATION REGIMES
VASILOPOULOU THEODORA	18-10-2014	GERODIMOS VASSILEIOS	EFFECT OF A COMBINED ZUMBA AND
PAPASTERGIOU DIMITRIOS	18-10-2014	KOKARIDAS DIMITRIOS	THE IMPACT OF PHYSICAL EXERCISE AND
PAPAGIANNOPOULOS DIONYSIOS	18-10-2014	SELIDIS NIKOLAOS	TEACHING GAMES FOR UNDERSTANDING: THE
KRASSE ARGYRO	18-10-2014	SAKKAS GEORGIOS	THE EFFECTS OF EXERCISE REHABILITATION
LEVANTINOU REA ANASTASIA	18-10-2014	GIAKAS GIANNIS	GAIT ADJUSTMENTS ON UNEVEN GROUND IN
THEOCHARIS DIMITRIOS	18-10-2015	BEKIARI ALEXANDRA	EFFECT OF POWER AND LEADERSHIP ON
KOSTOULAS IOANNIS	18-10-2015	GERODIMOS VASSILEIOS	EFFECT OF A SPECIFIC MILITARY TRAINING
VLAHOS OMIROS	11-3-2015	PAPAIOANNOU SYLVESTER	OBSERVATION OF PHYSICAL EXERCISE
GERAMPINIS PANAGIOTIS	18-10-2015	GOUDAS MARIOS	PSYCHO-SOCIAL FACTORS ASSOCIATED WITH
SIKAVARAS IOANNIS	18-10-2015	PAPASTERGIOULAS	LEARNING WHILE MOVING: DESIGN, DEVELOPMENT
BRISIMIS EVANGELIOS	18-10-2015	ZOURBANOS NIKOLAOS	FACTORS THAT INFLUENCE STUDENTS'
TSIRIGAKIS SPYRIDON	03-3-2015	KOUTEDAKIS MIHAILIS	INDIVIDUALISED EXERCISE TRAINING IN
CHARALAMPIDOU XANTHULA	18-10-2015	ZISI VASSILIKI	PARKINSON DISEASE AND PHYSICALLY
DRAGANIDIS DIMITRIS	18-10-2015	FATOUROS IOANNIS	EFFECTS OF INFLAMMATION ON ANABOLIC
DELILIGKA STERGIAN	18-10-2015	BEKIARI ALEXANDRA	COMMUNICATIVE FEATURES IN EDUCATION:
ZAMPIRA IRIS	14-10-2015	SAKKAS GEORGIOS	QUALITY OF LIFE AND HEALTH PROMOTION
FRITCH JULIAN	14-10-2015	HATZIGEORGADIS ANTONIS	

EMOTIONAL EXPRESSION AND SELF – TALK IN SPORT

ANAGNOSTOU STEFANOS	15-02-2015	THEODORAKIS YIANNIS	THE EFFECTS OF MOTIVATIONAL & INSTRUCTIVE FEEDBACK ON THE PERFORMANCE OF AEROBIC ENDURANCE
ZACHARIS THOMAS	15-02-2016	ZISI VASSILIKI	
TSOUTSOUMPI LYDIA	15-02-2016	KOUTEDAKIS YIANNIS	THE THERMOREGULATORY FUNCTION OF THE SKIN IN THE ELDERLY
IOANNOU LEONIDAS	15-02-2016	KOUTEDAKIS YIANNIS	EFFECT OF RADIATION IN BEHAVIORAL AND COGNITIVE FUNCTIONS
KROMMIDAS CHARIS	15-02-2016	PAPAIOANNOU MOTILIAS	MOTIVATION AND PARTICIPATION IN PHYSICAL ACTIVITY
LAZARIDIS ALEXANDROS	15-02-2016	DIGELIDIS NIKOLAOS	INDOOR EDUCATION AND PHYSICAL ACTIVITY
KARAMITROU ARISTEIA	15-02-2016	ZOURBANOS NIKOLAOS	THE CONTENT OF ATHLETES SELF-TALK
MANOURAZ NIKOLAOS	12-10-2016	GERODIMOS VASSILIOS	EFFECT OF DIFFERENT COMBINED TRAINING MODELS ON THE PERFORMANCE OF AEROBIC ENDURANCE
VLIORA MARIA	12-10-2016	KOUTEDAKIS YIANNIS	MOLECULAR INVESTIGATION OF FACTORS INVOLVED IN THE DEVELOPMENT OF MUSCLE FATIGUE
PSYCHOU DIMITRA	12-10-2016	KOKARIDAS DIMITRIOS	THE EFFECT OF EXERCISE ON IMPROVING COGNITIVE FUNCTIONS
CHARIKLIA K. DELI	12-10-2016	JAMURTAS ATHANASIOS	THE EFFECT OF ECCENTRIC EXERCISE BOUT AND RECOVERY ON MUSCLE DAMAGE
NINTOU ELENI	12-10-2016	KOUTEDAKIS YIANNIS	FACTORS AND SIGNALING PATHWAYS INVOLVED IN MUSCLE DAMAGE
GEORGAKOULI KALYDIP	12-10-2016	JAMURTAS ATHANASIOS	ASSESSMENT OF PHYSICAL ACTIVITY, BONE DENSITY AND MUSCLE MASS
GUILLERMO SANCHEZ	12-10-2016	ZOURBANOS NIKOLAOS	FEEDBACK AND PERFORMANCE
LASHOU VASILIKI	08-02-2017	FATOUROS IOANNIS	EVALUATION OF CELL-FREE PLASMA MEMBRANE VESICLES
BOUGLAS VASILEIOS	08-02-2017	PAPAIOANNOU MOTILIAS	TECHNOLOGIES IN EDUCATION
KOULORIDAS KONSTANTINOS	08-02-2017	JAMURTAS ATHANASIOS	ASSESSMENT OF ANTI-INFLAMMATORY AND ANTIOXIDANT CAPACITY
AGGELI MARIA	15-11-2017	THEODORAKIS YIANNIS	DEVELOPMENT OF AN EXERCISE AND INTEGRATED TRAINING PROGRAM
PABAGIOTOUNIS FOTIOS	15-11-2017	THEODORAKIS YIANNIS	THE IMPACT OF PHYSICAL EXERCISE AS A COGNITIVE ENHANCER
PAPAGEORGIIOU ELEFTERIA	15-11-2017	DIGELIDIS NIKOLAOS	TESTING THE HELLISON'S MODEL FOR THE DEVELOPMENT OF MUSCLE FATIGUE
SPANOU KYRIAKI	15-11-2017	BEKIARI ALEXANDRA	ANALYSIS OF SOCIAL NETWORKS CONCERNING PHYSICAL ACTIVITY
KOKOTIS XRISTOS	14-02-2018	TSAOPOULOS DIMITRIOS	DEVELOPMENT OF MACHINE LEARNING TECHNIQUES FOR THE ANALYSIS OF SPORTS DATA

LOULES GEORGIOS 04-02-2018 PAPAIOANNOU XRYTIANOS LEADERSHIP IN SPORT AND PE C

MPATRAKOULIS ALEXIOS 02-01-2018 FATOUROS IOANNIS

THE EFFECTS OF HIGH-INTENSITY CIRCUIT INTEGRATED NEUROMUSCULAR TRAINING ON HE

PAPANIKOLAOU KONSTANTINOS SATOUROS IOANNIS EXERCISE-INDUCED MUSCLE DAMAGE, RED

TZOUMA NATALIA ANTONIOU THEODORAKIS YANNIS EFFECTIVENESS OF PHYSICAL ACTIVITY