

# Charalampos Krommidas

## Short Curriculum Vitae



**Name:** Charalampos Krommidas

**Birth date:** 12/01/1982

**Country:** Greece

**Sector:** Exercise & Health

**Studies:** PhD student

**e-mail:** [hkrom@pe.uth.gr](mailto:hkrom@pe.uth.gr); [harkrom@hotmail.gr](mailto:harkrom@hotmail.gr)

**Short CV:** Krommidas Charalampos is a researcher and PhD student at the Department of Physical Education and Sport Sciences, University of Thessaly in Greece. He received his Bachelor degree in Physical Education and Sport Science at University of Thessaly (2005), and his Master degree in Exercise and Quality of Life at the Democritus University of Thrace & University of Thessaly, Greece (2008). His main areas of research interest are motivation, physical activity and health. He has published articles in established international and national scientific journals and book chapters in international handbooks. As a graduate student Charalampos has experience from participation in large scale multinational projects like the "PAPA: Promoting Adolescents' Physical Activity" project which was funded by the

European Commission FP7-Health Theme, and was implemented by 8 European partners across 5 European countries.

### **Book Chapters**

Duda, J. L., Papaioannou, A., Appleton, P., Quested, E. J., & **Krommidas, C.**

(in press). Creating adaptive motivational climates. In A. Papaioannou & D. Hackfort: *Routledge Companion to Sport and Exercise Psychology Global Perspectives and Fundamental Concepts*. Publisher: Routledge

Papaioannou, A. G., Zourbanos, N., **Krommidas, C.**, & Ampatzoglou, G.

(2012). The place of achievement goals in the social context of sport: A critique of the trichotomous and 2x2 models. In G. Roberts & D. Treasure (Eds.), *Advances in motivation in sport and exercise* (3rd Eds, pp. 59-90). Champaign, IL: Human Kinetics

### **Papers in International peer-referred journals**

Van Hoya, A., Fenton, S., **Krommidas, C.**, Heuzé, J. P., Quested, E.,

Papaioannou, A., & Duda, J. L. (2013). Physical activity and sedentary behaviours among grassroots football players: A comparison across three European countries. *International Journal of Sport and Exercise Psychology*, 11(4), 341-350. DOI:10.1080/1612197X.2013.830432

Wold, B., Duda, J. L., Balaguer, I., Smith, O. R. F., Ommundsen, Y., Hall, H. K.,

Samdal, O., Heuzé, J. P., Haug, E., Bracey, S., Castillo, I., Ramis, Y., Quested, E., & **Krommidas, C.** (2013). Comparing self-reported leisure-time physical activity, subjective health, and life satisfaction among

youth soccer players and adolescents in a reference sample. *International Journal of Sport and Exercise Psychology*, 11(4), 328-340. DOI:10.1080/1612197X.2013.830433

### **Papers in National peer-referred journals**

Simou, T., **Krommidas, C.**, & Papaioannou, A. (2013). Implementation and evaluation of pre - service teachers' practicum in Department of Physical Education at University of Thessaly. *Inquiries in Sport & Physical Education*, 11(2), 14-33.

Digellidis, N., & **Krommidas, H.** (2008). Fair play in physical education classes: Differences between sex, class and the relationship between fair play and lesson satisfaction, perceived motivational climate and goal orientations. *Inquiries in Sport & Physical Education*, 6(2), 149-161.

**Krommidas, H.**, Mouzakidis, C., & Patsiaouras, A. (2008). The Effect of Personal Goals in a Service skill on volleyball. *Inquiries in Sport & Physical Education*, 6(1), 124-130.

Vaporidi, I., Kokaridas, D., & **Krommidas, C.** (2005). Attitudes of physical education teachers toward the inclusion of students with disabilities in typical classes. *Inquiries in Sport & Physical Education*, 3(1), 40-47.

### **Oral & Poster Presentations in International Conferences**

Digelidis, N., Tzioumakis, Y., Papaioannou, A., Zourbanos, N., **Krommidas, C.**, & Keramidas, P. (2013). Coaches' intrinsic motivation: A Self-

Determination perspective. *AIESEP 2013 International Conference*,  
Warsaw, Poland

**Krommidas, C.,** Papaioannou, A., & Zourbanos, N. (2013). Moderate-to-vigorous physical activity and sedentary time in Greek grassroots footballers and their correlates. *ISBNPA 2013*, Ghent, Belgium

Tzioumakis, I., Papaioannou, A., Digelidis, N., Zourbanos, N., **Krommidas, C.,** & Keramidas, P. (2013). Coaches' achievement goals at work: Measuring coaches' motivation. *ISSP 13<sup>th</sup> World Congress of Sport Psychology*, Beijing, China

**Krommidas, C.,** Van Hoye, A., Fenton, S. A. M., Galanis, E., Bosselut, D., Duda, J. L., Keramidas, P., Nicaise, V., Barrett, T. G., Zourbanos, N., Heuze, J. P., Papaioannou, A., Sarrazin, P., & Quested, E. J. (2012). Comparison of objectively measured physical activity levels of youth soccer players between France, England & Greece. *Proceedings of the 17<sup>th</sup> Annual Congress of the European College of Sport Science* (p. 387), Bruges, Belgium

Tzioumakis, Y., Papaioannou, A., Digelidis, N., Zourbanos, N., **Krommidas, H.,** & Keramidas, P. (2012). Consistency of the environmental dimensions of an observational instrument assessing coach initiated motivational climate. *Proceedings of the 17<sup>th</sup> Annual Congress of the European College of Sport Science* (p. 355), Bruges, Belgium

**Krommidas, C.,** Papaioannou, A., Zourbanos, N., Tzioumakis, G., Ampatzoglou, G., Gioti, G., & Alexiou, V. (2011). The relationships

between goal orientations, self-determination, self-esteem, enjoyment of sport, subjective vitality, anxiety and moral behavior in Greek youth soccer players. *Proceedings of the 13<sup>th</sup> FEPSAC European Congress of Sport Psychology*, Madeira, Portugal

Fenton, S., Van Hoye, A., Heuzé, J. P., **Krommidas, C.**, Papaioannou, A., Barrett, T., & Duda, J. L. (2011). Validation of Physical Activity (PA) measurement by accelerometry and self report. *Proceedings of the 13<sup>th</sup> FEPSAC European Congress of Sport Psychology*, Madeira, Portugal

Simou, T., **Krommydas, C.**, & Papaioannou, A. G. (2010). The effect of a school-based physical education practicum on pre-service teachers' perceived self-efficacy. *International Conference of Sport Psychology & ENYSSP Workshop 2010*, Trikala, Greece

**Krommidas, H.**, Mouzakidis, Ch., & Patsiaouras, A. (2007). The effect of personal goals in a service task in university level volleyball. *12<sup>th</sup> European Congress of Sport psychology*. Book of abstracts, s. 333, 4-9 September 2007, Halkidiki, Greece

**Krommidas, H.**, Patsiaouras, A., Mouzakidis, Ch., Galeas, K., & Theodorakis, Y. (2004). The effect of personal goals and goal commitment on volleyball players. *Pre-Olympic Congress 2004*, Thessaloniki, Greece